# **Volunteer Position Description**



### TITLE

Coach

## **KEY RESPONSIBILITIES**

- Assist Head Coach with sports training and competition.
- Assist Head Coach with creating, organizing and conducting a comprehensive sports training program.
- Assist in the management of Athlete eligibility and/or medical files.
- Responsible for abiding by the Coaches Code of Conduct.
- Teach all athletes the rules of the sport and sportsmanship.
- Assist Head Coach in the preparation of Athletes for higher-level competition advancement.
- Create and maintain a positive and fun environment for all athletes.
- Assist with the maintenance of all appropriate team documents throughout the sports season.
- Create and maintain a positive and fun environment for all Athletes.
- Limited leadership responsibilities. Can fulfill Head Coach position on a limited basis as needed.

## **INITIAL IMPACT**

- Coaches teach the skills and instill the spirit that defines a true athlete; they are role models and character builders.
- Coaches help athletes identify and develop their own strengths and abilities while showing them how to build upon those strengths and improve every day.

## **SUSTAINED OUTCOME**

- By becoming a Coach, you will enrich the lives of the Athletes in many life-changing ways.
- You will help the Athletes develop skills and confidence that will help them in their career path and will have a long-lasting effect.
- You will get to know the Athletes who you inspire on a personal level.
- The return in coaching in priceless. Coaches become more than a teacher, mentor, and role model. Coaches are seen as a leader to the Athletes and community.

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#### **TRAINING & SUPPORT**

- All Coaches will receive the highest and most up-to-date level of coaching knowledge through our Coaches Education program.
- Continuous support is provided by the Coaches Education program.
- All coaches will receive direction from the Head Coach.

#### COMMITMENT

- This position requires one weekday or weekend (approximately 2-3 hours) for practice during an 8 (minimum) to 12 (maximum) week season.
- This position requires 2-3 weekends for athlete competitions during the season.

## **QUALIFICATIONS**

- At least 18 years or older with a valid Driver's License.
- Commitment to the Mission and Philosophy of Special Olympics Sothern California.
- Must submit an online volunteer application that will include a background check, an online Protective Behaviors Training course, and an online Concussion Training course.
- Complete the Training Special Olympics Athletes (TSOA) course.
- Complete the General Volunteers Orientation.
- Re-certification required every 3 years for background check, Protective Behaviors course, and Concussion Training course.
- Mandatory to meet all Coach requirements during the sport season.
- Knowledge and/or coaching experience in the sport that you are coaching is preferred.
- Previous experience in working with individuals with intellectual disabilities preferred.

## **BENEFITS**

- Ability to develop and implement a comprehensive and unique sports training program.
- Become a mentor.
- Meet new people and build long lasting relationships.
- It is a great opportunity to experience enthusiasm, enjoyment and personal achievement.
- To be an integral part of the Mission of SOSC.

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## **SKILLS**

- Strong attention to detail and organizational skills.
- Excellent communication skills.
- Able to show empathy and patience.
- Ability to build relationships with the Athletes, other Coaches and families.
- The ability to inspire confidence and motivate participation.
- Knowledge and enthusiasm about the sport.
- Have the ability to assess and solve problems.
- Able to lead Athletes, Coaches, and Sports Assistants.
- Commitment to sports participation for all.