



TITLE: Young Athletes Coach

GOAL/IMPACT

Special Olympics Southern California's (SOSC) vision is to promote acceptance, inclusion, and well-being for people with intellectual disabilities through sports. Through the power of sports, our athletes discover new strengths and abilities, skills, and success - on the playing field and in life. The [Young Athletes](#) program is designed for athletes ages 2-7 years old. The 8-week program provides a set of lessons through games and activities that focus on developing fitness, strength, body awareness, adaptive skills, and visual tracking skills. By the end of the program, the lessons provide athletes the chance to apply the skills developed to sports. Young Athlete Coaches implement these training sessions and work alongside the athletes in a positive and fun environment.

KEY RESPONSIBILITIES

- Assist with creating, organizing, and conducting activities and lessons
- During scheduled sessions, work alongside athletes in motor-skill development activities
- Create and maintain a positive and fun environment for all athletes
- Opportunity to participate in Young Athletes Festivals at Regional or Chapter events

TRAINING & SUPPORT

- Training will be provided by SOSC Young Athletes trainers and volunteers
- Will receive direction at Young Athletes sessions from Head Coach, and continual support and direction as Young Athletes season progresses

Commitment and Work-Site

- Young Athlete Coaches provide 2+ hours per week, throughout 8-10 week season
- Session locations and/or festival locations will be provided upon program placement

QUALIFICATIONS, SKILLS & REQUIREMENTS

- Experience working with individuals between ages 2-7 preferred
- Minimum age 14 years old with a government issued ID (driver's license, military ID or passport). School ID acceptable for volunteers 14-17.
- Must complete online volunteer application, online trainings, and background check (if over 18). Recertification required every 3 years
- Commitment to the Mission and Philosophy of SOSC

BENEFITS

- Direct interaction and impact on SOSC athletes!
- Build a strong team to work together to achieve our vision of acceptance, inclusion, and well-being for people with intellectual disabilities through sports
- Experience enthusiasm, joy, and personal achievement alongside our athletes